



YAA AT HOME

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Cardboard Castanets

Inspired by STOMP

STOMP is a percussion group that is known for using everyday objects such as garbage cans, bottles, brooms, and newspapers to create a musical performance! Follow the instructions below to create your own castanet using cardboard and bottle caps and clack to your favorite beat! Record your performance, and share the clip with us on social media!



- 1. Cut a piece of cardboard into the shape of a small skateboard. Then fold it in the middle.**
- 2. Decorate your cardboard with markers, crayons or paint.**
- 3. Glue two bottle caps onto the inside ends of the cardboard.**
- 4. Hold the castanets between your index finger and thumb and pinch lightly to clack the bottle caps together. Then clack your own beat or along with your favorite song!**