Dad's Cooking

What is this feeling inside?
This empty feeling inside
This feeling that your insides
Are starting to cave in
Something is tugging
It’s pulling you around
Bringing you in and out
Searching for a sound?
No, not a sound
Not a person
But a smell
This smell takes you in
It puts you in a trance
A feeling of excitement
What is it?
Soar down the stairs
Launch across the hall
Fling to the kitchen
Filled with pots
Many many pots
Forming mountains
Piling one after another
thrown to the table
Sit on your throne
A filled plate lies in front
Begging you to dig in
Through all the excitement
you hear a booming voice
“Dinner is served”
Hands flying back and forth
Shoving the gold into
your watering mouth
Taste the flavor
The whole way down
And all of a sudden
Everything feels okay
Nothing bad can happen
The world is right again
This feeling you didn’t know of
That empty feeling inside
It’s now alright!